

# Get Ready to Celebrate !

SFBLF - Fighting Diabetes and Preserving a Legacy



## 2021 is the 100<sup>th</sup> Anniversary of the Discovery of Insulin

Hundreds of millions of lives have been saved globally

Hundreds of countries will join in celebrating the work of the Discovery team

Sir Frederick Grant Banting, MD	1891-1941 KBE, MC, FRS, FRSC, Nobel Laureate
Charles Herbert Best, MD	1899-1978 CC, CH, CBE, FRS, FRSC, FRCP
James Bertram Collip, PhD	1892-1965 CBE, FRSC, FRS, D.Sc. (Harvard), D.Sc. (Oxford)
John James Rickard Macleod, PhD	1876-1935 FRS, FRSC, D.Ph. (Cambridge), Nobel Laureate

**This discovery, made in late 1921, at the University of Toronto, is Canada's gift to the world.  
2021 is a special opportunity for all Canadians to honour and celebrate this lasting legacy.**

### SFBLF initiatives in support of the Celebrations include

- > New interior and outdoor information exhibits and a permanent monument
- > New narrated, illustrated videos to support SFBLF program delivery
- > A Virtual Tour of the buildings, exhibits and property at the Banting Homestead Heritage Park (BHHP) birthplace of Frederick Banting and home to the SFBLF Diabetes Management and Education Centre (DMEC)
- > A major event at our DMEC entitled, '*Walk in the Footsteps of Banting*', Saturday and Sunday, May 29/30, 2021 with 3 sessions on Saturday and 2 on Sunday; each limited to 30 guests.
- > An online, self-scoring "100th Anniversary Quiz"

## Please Join the Celebrations

- > Organize a neighbourhood walk or other remote initiative for your family, school team or a group of common interest to take place any time from May 29, 2021 to Banting's birthday/World Diabetes Day, November 14, 2021. Make it an SFBLF fundraiser if you wish.
- > Register for the special '*Walk in the Footsteps of Banting*' event May 29 or 30, 2021

### Earn a Commemorative Medallion for either of the above !

- > Take the '100<sup>th</sup> Anniversary Quiz'; see if you can do better than friends and colleagues!

### Earn a keepsake 'completion card'

- > Place a 100<sup>th</sup> Anniversary poster in your workplace; show your support!

### Registrations will begin in early January 2021

Watch our website for details or  
contact [info@bantinglegacy.ca](mailto:info@bantinglegacy.ca)

SFBLF needs your help now. Please help us succeed on the world stage.

Contact [info@bantinglegacy.ca](mailto:info@bantinglegacy.ca)  
or DONATE at [bantinglegacy.ca/support](https://bantinglegacy.ca/support)