

eNews 2020 #1 April  
**2020 Major Projects Update**  
SFBLF - Fighting Diabetes and Preserving a Legacy



#### **A. Diabetes Awareness and Prevention Campaign 2019 - 21 (focus on youth)**

This Campaign was endorsed by Simcoe County Council on February 12, 2019. Development of Campaign infographics and support tools was completed by SFBLF in March 2019.

The Campaign was launched in April 2019.

[bantinglegacy.ca/prevention-campaign](http://bantinglegacy.ca/prevention-campaign)

**Status:** Promotional efforts by SFBLF during 2019 to School Boards, Businesses, Health Units and Municipalities seeking their support and participation met with limited success. Simcoe County staff have agreed to help with widespread promotion and have developed a plan to that end. It is expected that once the COVID-19 impact has passed, County staff will implement their action plan.

Meanwhile, our online *T2 Diabetes Risk Self-Assessment for Youth (8-18)* launched in 2016, an SFBLF world first, continues to be accessed worldwide.

[bantinglegacy.ca/survey](http://bantinglegacy.ca/survey)

#### **B. Online support for Youth living with T1 or T2 Diabetes**

The following were developed with help from collaborative partners at Ryerson University, School of Nutrition and the Teen Program, Kovler Diabetes Centre, University of Chicago

1. **Diabetes & Food Survey:** To encourage dialogue between youth with diabetes and care givers regarding food security [bantinglegacy.ca/diabetes-and-food](http://bantinglegacy.ca/diabetes-and-food)
2. **Peer Support Networks:** Selected links for youth and young adults to find mentored interaction with peers living with diabetes [bantinglegacy.ca/peer-support-networks](http://bantinglegacy.ca/peer-support-networks)
3. **APPS for Self-management:** Selected links to free applications for self-management support [IOS and Android] [bantinglegacy.ca/sm-apps](http://bantinglegacy.ca/sm-apps)

**Status:** These projects are completed and were launched in February 2020.

#### **C. Celebrating the 100th Anniversary of the Discovery of Insulin**

SFBLF Diabetes Management and Education Centre (DMEC), Banting Homestead Heritage Park, Alliston

For 2020, this project list includes:

1. Development/installation of new interior and outdoor Exhibits.
2. Updating of presentations for School Tours, Group Tours and Day Camp support Programs.
3. Development of a 'Virtual Tour' of the DMEC in response to requests from School Boards.

**Status:** All of the above projects are in progress and will be completed by year-end 2020.

4. Planning, development and content preparations for 2021 Events in Alliston:
  - a. *Walk in the Footsteps of Banting*, Saturday, April 17/21; an international and community event;
  - b. *Community Salutes Banting*, Sunday, April 18/21; a community focused event;
  - c. *Happy Birthday Sir Fred*, Banting Week, November 2021; a community focused event;
5. Member of the Joint Planning Committee (JPC) for **Insulin to Innovation** events with the Banting Research Foundation, Charles H. Best Foundation and the Royal Canadian Institute for Science.

The JPC initiatives include the *Walk in the Footsteps of Banting* event above and the *Living Legacy of Insulin* event to be held at the University of Toronto. Both complement the International Scientific Symposium to be hosted by the Faculty of Medicine, University of Toronto, in April 2021. Over 2,000 international scientists and researchers are expected to attend the latter.

**Status:** Sanofi Pasteur Limited has committed to sponsor most of the *Walk in the Footsteps of Banting* event, some of the related 2020 preparations and all of the *Living Legacy of Insulin* event at the University of Toronto.

#### **Be part of celebrating the 100th Anniversary of the Discovery of Insulin**

SFBLF needs your help now to complete these projects. We need more sponsors for our site-based 100th Anniversary preparations and 2021 events. Please help us succeed on the world stage.

**Contact SFBLF Program Director, [kait@bantinglegacy.ca](mailto:kait@bantinglegacy.ca)  
or DONATE at [bantinglegacy.ca/support](http://bantinglegacy.ca/support)**