



Examples of Innovative Approaches from winners of the SFBLF National Recognition Award

All students living with diabetes need support to

- * be safe at school
- * have a positive and full educational experience

Teachers, staff and peer groups can help a student living with diabetes by:

- * understanding their challenges
- * understanding the technology devices they need to use
- * helping them to successfully manage their condition
- * being supportive and inclusive
- * **being alert about ... and seeking immediate help for ... 'sugar lows'**

Focus the training challenge

General diabetes training for teachers and support staff is demanding and requires persistence.

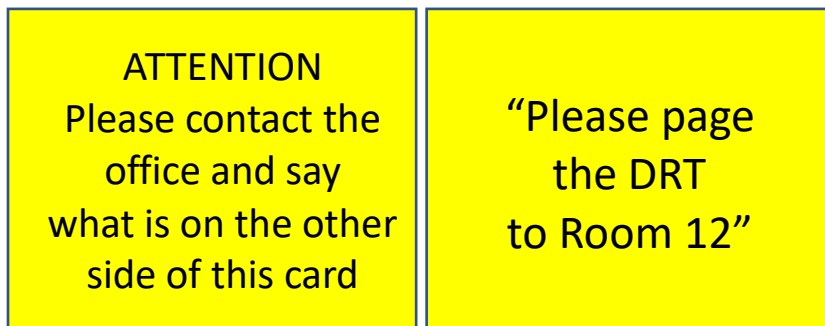
1. Optimize the impact by creating a small Diabetes Response Team (DRT) for each student living with diabetes (or designated groups if numbers dictate).
2. Include trained student peers on the DRT.
3. Ensure a DRT member is present to provide support during field trips and sporting events.

Lead by example

4. Encourage teachers who are living with diabetes to 'demonstrate' their blood sugar tests in front of students and thereby help to raise awareness and reduce 'stigma' and increase comfort levels for students with diabetes.

Enlist peers and reduce 'sugar low' impact risk

5. Provide a two-sided, "brightly coloured, laminated card" to all students living with diabetes to be handed to a classmate who will seek immediate help for a 'sugar low' as instructed on the card.



**These practices were developed, and are in routine use, by
an elementary school in Winnipeg, Manitoba, Canada**

for more information, contact:
inschoolsupport@bantinglegacy.ca