



**SFBLF 3D Virtual Tour
Banting Homestead Heritage Park (BHHP)
and the
Diabetes Management and Education Centre (DMEC)
Post-Tour Projects for Students**

Essay topics

1. Discovery of Insulin
2. Why 'discovery' is not enough
3. Comparison of Type 1 and Type 2 diabetes
4. Homeostasis and glucose level control
5. Challenges at school for youth living with diabetes
6. Transition from pediatric to adult healthcare

Short website 'scavenger hunts'

Find:

- * key dates in the life of Sir Frederick Banting
- * the details for selected dates in the evolution of the Banting farmstead
- * the number of Canadians who have won a Nobel Prize in each category of Physiology or Medicine; Physics; Chemistry; Literature; Peace; Economics
- * a Nobel Prize winner with diabetes who survived to win the prize as a result of insulin

Action 'homework'

- * Take the free [Understanding Diabetes](http://bantinglegacy.ca/understanding-diabetes) e-Learning course
[bantinglegacy.ca/understanding-diabetes]
- * Take the [Type 2 Diabetes Risk Self-Assessment](http://bantinglegacy.ca/survey) online test
[bantinglegacy.ca/survey]

In-class discussion suggestions

- * Basic actions one can take to reduce the risk of diabetes
- * Your in-school process for support of students living with diabetes
- * How students can help their peers who are living with diabetes