



MENTAL HEALTH & DIABETES IN YOUTH

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Learning Objectives

- * Regional health care providers in the Central and North Simcoe Muskoka Local Health Integration Networks (Ontario, Canada) who attended the 3rd and 4th Annual Banting Legacy Transition Symposia in November 2014 and November 2015. These experienced diabetes educators and health care providers were instrumental in identifying the need for this course, contributing to the related Verification Survey (2015) and the resulting Learning Objectives.
- * Lynne Dodd, RN, CDE (retired) who created, coordinated and presented the results of the Validation Survey.

Course Touchstones

Two key presentations, made at the 4th Annual Banting Legacy Transition Lecture and Symposium (2015), together created the backdrop for evolution of course content:

- * *Youth, Mental Health & Diabetes: Gaps and Implications*,
Dr. Margaret Hahn, MD, PhD., FRCPC, Co-director, Mental Health and Metabolism Clinic, Centre for Addiction and Mental Health (CAMH), University of Toronto, Psychiatry
- * *Preparing Patients to be “Good 2 Go” and “Ready to Grow”*,
Dr. Khush Amaria, PhD., C. Psych, Psychologist and Team Lead, Good 2 Go Transition Program, Division of Adolescent Medicine, The Hospital for Sick Children, Toronto, Canada.

Content Review/Critique

The following have reviewed and provided invaluable critique, helpful references and content material for various combinations of the Course Modules:

- * Dr. Khush Amaria, PhD., C. Psych, Team Lead, Good 2 Go Transition Program, The Hospital for Sick Children, Toronto
- * Lynne Dodd, RN, CDE (ret)
- * Amy Hess-Fischl, MS, RDN, LDN, BC-ADM, CDE, Program Coordinator, Teen and Adolescent Diabetes Program, Kovler Diabetes Center, University of Chicago
- * Rachel Freeman, APD, CDE, Professional Services Manager, Australian Diabetes Educators Association
- * Dr. Margaret Hahn, MD, PhD., FRCPC, Co-director, Mental Health and Metabolism Clinic, Centre for Addiction and Mental Health (CAMH), University of Toronto, Psychiatry
- * Dr. Melinda Hazlett, MD, Paediatrician, Director, SFBLF
- * Dr. Trevor Hunt, MD, Paediatrician, Director, SFBLF, Retired Chief of Staff, Stevenson Memorial Hospital
- * Peta Marks, RPN, BN, MPH, MCFT, Credentialed MHN, Professional Development Manager, Australian College of Mental Health Nurses
- * Dr. Elisa Venier, MD, Family Physician, Director, SFBLF
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Research and Writing

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