

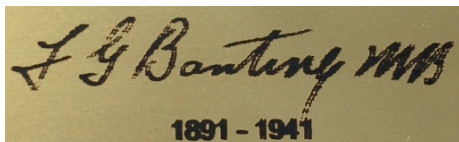


July 2016

The Banting Legacy

Issue #9

FIGHTING DIABETES and PRESERVING A LEGACY



2016 Fall Events

Family Day at the Banting Homestead
Saturday, Sept 24, noon–4 pm

Diabetes & Mental Health eLearning Course
Launch 3rd Quarter

Banting Legacy Week

Monday, November 7, 1 pm
* **Flagraising**

Tuesday, Nov 8, 11 am – 4 pm
* **Tour & Learn**

Wednesday, November 9, 8:30 am
* **5th Annual Banting Legacy Transition Lecture & Symposium**

Friday, November 11, 1 – 4 pm
* **Honour the Legacy**

Saturday, November 12
* **Birthday Breakfast 9 am**
* **Birthday Party! 11:30 am**

Monday, November 14
* **World Diabetes Day**



Upcoming Events

Check website for details, or contact
705-435-0111
sadleir@mie.utoronto.ca

Happy 125th Birthday !

Sir Frederick Grant Banting

K.B.E; M.C; LL.D. (Queen's, Western, Michigan); DSc. (Toronto, Yale, N.Y., McGill); F.R.S.; F.R.C. P. (London); F.R.C.S. (England); F.R.S.C.; F.R.C.S.(C)

Born: November 14, 1891, Alliston, Ontario, Canada

Died: February 21, 1941, Musgrave Harbour, Newfoundland

... and, in **just under 50 years in between**, this remarkable Canadian's achievements as scientist, soldier, inventor and artist became legendary:

1916 Earned M.B. degree at U of T; enrolled RC Army Medical Corps

1919 Awarded the Military Cross for heroism under fire (WWI, Cambrai)

1921 Co-discovered insulin at University of Toronto

1923 Won Canada's first Nobel Prize
(remains the youngest recipient of Nobel Prize in Medicine/Physiology)

1934 Knighted by King George V

1939 Re-enlisted in the RC Army Medical Corps

1941 Killed in a military airplane crash

... and, in **his spare time**:

* Co-inventor of the 'G Suit'

* Writer, wood carver

* Prolific artist producing hundreds of sketches and paintings; often travelled with A.Y. Jackson and other members of the Group of Seven

"The greatest joy in life is to accomplish. It is the getting not the having. It is the giving not the keeping."

- FGB, from his Cameron Lecture, Edinburgh, 1928

Please Donate Now – we need your help

We invite you to help us continue and expand our work to Fight Diabetes. Please visit our website at www.bantinglegacy.ca and use the 'Donate Now' link to send an online gift. Cheques payable to the Banting Legacy Foundation can be sent to SFBLF at PO Box 137, Alliston, ON, Canada, L9R 1T9
Charitable Registration No: 80740 6145 RR0001



DID YOU KNOW?

Worldwide, it is estimated 415 million adults are living with diabetes and another 318 million with impaired glucose tolerance putting them at risk of developing the disease.

There are over 500,000 children and adolescents living with Type 1 Diabetes.

The number of children and youth contracting Type 2 Diabetes is escalating in every country but no one can yet count them.

The number of adolescents living with diabetes and comorbid mental health disorders is also rising.

40% of those living with diabetes do not know they have it.

70% of all Type 2 diabetes cases could be prevented, or at least delayed, by healthy eating, daily exercise and not smoking.

12% of global health expenditure is on diabetes and related complications; estimated range is \$673 billion USD to \$1,197 billion USD.

Diabetes resulted in approximately 5.0 million adult (20 – 79) deaths worldwide in 2015 and accounted for 14.5% of global all-cause mortality among people in this age group.

This is higher than the combined number of deaths from the infectious diseases HIV/AIDs, tuberculosis and malaria.

IDF Diabetes Atlas (2015) 7th Edition

Honouring & Remembering Others

In Memory of and In Honour of giving celebrate someone who has made a special contribution to your life.

We join our donors in recognizing the following 2016 additions to our plaque:

* Stancil Banting
* Russell Brown

* Joseph Patrick Crowley
* Orma Madill

**Please visit our Diabetes Management and Education Centre
at the Banting Homestead Heritage Park**

Site & Program Access

5116 Sir Frederick Banting Road, Alliston

- * School and Group Tours: Daily by appointment
- * Adult Diabetes Classes: Registration required
- * General Public exhibits access: every Tuesday 11am – 4pm and 1st & 3rd weekends of the month, Sat 11am – 4pm, Sun 1pm – 4pm
- * Walk, run, stroll the Banting Legacy Trail: Daily 7:00 am – 6:00 pm
- * Barrier-free access and free parking

705-435-0111

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