



# 4th Annual Banting Legacy Transition Symposium - 2015

FIGHTING DIABETES and PRESERVING A LEGACY



**The Sir Frederick Banting Legacy Foundation invites you  
to participate in our Symposium**

## **Transition and Mental Health Challenges for Youth Living with Diabetes**

Diabetes can trigger mental health issues or amplify existing concerns. Mental health challenges can increase the daunting transition for youth and also bring requirements for healthcare providers to be trained to recognize and treat this added complexity. With the help of all participants, we seek to explore potential gaps in required care, experiences with monitoring and interventions and resulting implications for this population.

Are there opportunities for new approaches, or broader application of existing, to assist youth living with diabetes and to enhance the capacity and capability of caregivers to meet these needs?

Dr. Khush Amaria, PhD, C.Psych, Team Lead for the Good 2 Go Transition Program at the Hospital for Sick Children and Dr. Margaret Hahn, MD, PhD, FRCPC (guest speaker for the preceding Annual Lecture), Asst. Prof., Dept of Psychiatry, U of T and co-lead of the Mental Health and Metabolic Clinic, CAMH will provide opening perspectives to set the backdrop for discussion.

Please join with us:

**Thursday, November 12, 2015**

**10:30 am – 1:00 pm**

The Gibson Centre, 63 Tupper St., W., Alliston, Ontario, L9R 1E4

Contact: [bantinglegacy@hotmail.com](mailto:bantinglegacy@hotmail.com)  
or telephone: 705-435-0111

**A light lunch is included.**

Guests are invited to tour the Diabetes Management and Education Centre at the Banting Homestead Heritage Park following the Symposium.

Our public Annual Transition Lecture precedes the Symposium at 9:00 am and we encourage you to attend that also.

**Please submit the attached Registration Form  
by October 30, 2015 to reserve your spot**

*This event is part of the 2015 Banting Legacy Week celebrations*

## SFBLF – 2015 Transition Symposium – Registration Form

**Name**

Healthcare Specialty; e.g., Endocrinologist, Pediatrician, Family Physician, RN, RD, NP, Social Worker, Diabetes Educator, or general diabetes related interest:

Area(s) of Practice

Affiliation/Org/Bus

Your Title/Position

Contact Data for  
Symposium mailings

Address

Email

Tel No.

*Please help us by providing some preliminary information*

	Yes	No
* Do you assess, or treat, or advise, pre- or diabetic children/youth ?	<input type="radio"/>	<input type="radio"/>
* Do you see evidence of increased incidence of diabetes among children/youth?	<input type="radio"/>	<input type="radio"/>
* Do you see evidence of increased incidence of mental health issues among children/youth living with diabetes	<input type="radio"/>	<input type="radio"/>
* Do you feel the processes/resources available to identify/treat diabetes-related mental health issues among children/youth are sufficient?	<input type="radio"/>	<input type="radio"/>
* Do you plan to also attend the Annual Lecture at 9:00 am?	<input type="radio"/>	<input type="radio"/>

What do you think are the key needs/opportunities for improving delivery of care for children/youth living with diabetes?

**Please submit your completed Registration Form by October 30, 2015 to reserve your spot:**

Mail: SFBLF 2014 Symposium, P.O. Box 137, Alliston, ON, L9R 1T9

Fax: 705-435-3089

Email: [bantinglegacy@hotmail.com](mailto:bantinglegacy@hotmail.com)

For additional information, please call 705-435-0111