

Go Blue for Breakfast

FIGHTING DIABETES and PRESERVING A LEGACY



Healthy living begins with healthy eating and healthy eating begins with breakfast

The Sir Frederick Banting Legacy Foundation invites you for breakfast

In support of The International Diabetes Federation worldwide

"Healthy Eating and Diabetes" campaign 2014-16

In honour of Sir Frederick Banting, co-discover of insulin and

Canada's first Nobel Laureate

In celebration of World Diabetes Day and the 94th anniversary of the

discovery of insulin at the University of Toronto, Canada

Saturday, November 14, 2015

9:00 am - 11:00 am

Holmstrom Hall, The Gibson Centre 63 Tupper Street West, Alliston, Ontario, L9R 1E4

Tickets \$5.00/person and must be purchased in advance at the Banting Homestead Heritage Park or the Gibson Centre.

Contact: <u>bantinglegacy@hotmail.com</u> or telephone: 705-435-0111

AND .. at 12:00 pm the Banting Homestead Heritage Park is open for you to explore, learn, take a free diabetes test, and enjoy the exhibits in our Diabetes Management and Education Centre 5116 Sir Frederick Banting Road, Alliston, L9R 1V2

This event is part of the 2015 Banting Legacy Week Celebration